

Sample Menu

Cycle 3 _____ to _____

	Breakfast <i>Open seating from 7:30 to 9:00 am</i>	Lunch Alternate daily meals Monday - Saturday #1 Grilled Cheese #2 Cottage Cheese/Fruit Plate #3 Chefs Salad	Dinner 1 meal choice on Sunday Omelet alternate for any dinner <i>With all dinners you have a choice of Juice or Salad</i>	Dinner Omelet alternate for any dinner <i>With all dinners you have a choice of Juice or Salad</i>
Sunday	Orange Juice Assorted hot/cold cereals Egg/Bacon Toast/butter/jelly Coffee/tea/milk	Box Suppers Soup DuJour Smørrebrød Carlsberg Beer Dessert Coffee/tea/milk	Roast of Beef Riviera Blend Vegetables Mashed Potatoes Brown Sauce Rolls White Chocolate Mousse	
			Meal choice 1 Monday – Saturday	Meal choice 2 Monday – Saturday
Monday	Orange Juice Assorted hot/cold cereals Muffin Toast/butter/jelly Coffee/tea/milk	Lentil Soup Or Soup DuJour Shepherd Pie Mashed Potatoes/Peas & Carrots/ Ground Beef/ Cheese/ Brown Sauce Ice Cream Bar	Mock Hare Brown Sauce Fresh Green Beans Boiled Potatoes Danish Fruit Pudding	Grilled Cat Fish Dill Sauce Boiled Potatoes Broccoli Danish Fruit Pudding
Tuesday	Orange Juice Assorted hot/cold cereals Buttermilk Pancakes Toast/butter/jelly Coffee/tea/milk	Beef Barley Soup Or Soup DuJour Viking Sandwich on Croissant Potato Chips Cherry Fruit Jell-o	Breast of Chicken Marsala Potatoes O'Brien Grilled Tomato Cream Pie	Curried Veal Stew Green Beans Boiled Potatoes Cream Pie
Wednesday	Orange Juice Assorted hot/cold cereals Eggs Toast/butter/jelly Coffee/tea/milk	Tomato Soup Or Soup DuJour Open Faced Pork Sandwich Brown Sauce Mashed Potatoes Peach Cobbler	Duck Breast Stuffed With Prunes and Apples Wild Rice Vegetable Soufflé Dessert Cart	Vegetable Frikadeller Robert Sauce Vegetable Soufflé Baked Potato Dessert Cart
Thursday	Orange Juice Assorted hot/cold cereals Waffle Toast/butter/jelly Coffee/tea/milk	French Onion Soup Or Soup DuJour Smørrebrød Peas and Carrot salad Carlsberg Beer Dessert Cart	Smoked Pork Chop Sugar Snap Peas Boiled Potatoes Brown Sauce Pear Up Side Down Cake	Turkey and Asparagus In Puff Pastry White Sauce Cauliflower and Carrots Pear Up Side Down Cake
Friday	Orange Juice Assorted hot/cold cereals French toast Toast/butter/jelly Coffee/tea/milk	Cabbage Soup Or Soup DuJour Quiche—Ham, Onion, Pepper, Cheddar Beets Toast Chocolate Pudding	Orange Roughy Chive Sauce Baked Potatoes Broccoli Assorted Ice Cream	London Broil Mushroom Sauce Boiled Potatoes Baby Carrots Assorted Ice Cream
Saturday	Orange Juice Assorted hot/cold cereals Sausage patties Croissant Toast/butter/jelly Coffee/tea/milk	Cream of Vegetable Soup Or Soup DuJour Slivered Beef Grilled Onion, Peppers & Cheese on Rye Bread Three Bean Salad Dessert Cart	Beef Liver Onions and Bacon French Cut Green Beans Brown Sauce Boiled Potatoes Cinnamon Peaches	Sesame Chicken Chicken Sauce Oven Baked Potatoes French Cut Beans Cinnamon Peaches