

# Sample Menu

Cycle 3 \_\_\_\_\_ to \_\_\_\_\_

	<b>Breakfast</b> <i>Open seating from 7:30 to 9:00 am</i>	<b>Lunch</b> Alternate daily meals <b>Monday - Saturday</b> #1 Grilled Cheese #2 Cottage Cheese/Fruit Plate #3 Chefs Salad	<b>Dinner</b> 1 meal choice on Sunday Omelet alternate for any dinner <i>With all dinners you have a choice of Juice or Salad</i>	<b>Dinner</b> Omelet alternate for any dinner <i>With all dinners you have a choice of Juice or Salad</i>
<b>Sunday</b>	Orange Juice Assorted hot/cold cereals Egg/Bacon Toast/butter/jelly Coffee/tea/milk	Box Suppers Soup DuJour Smørrebrød Carlsberg Beer Dessert Coffee/tea/milk	<b>Roast of Beef</b> Riviera Blend Vegetables Mashed Potatoes Brown Sauce Rolls  <b>White Chocolate Mousse</b>	
			<b>Meal choice 1</b> <b>Monday – Saturday</b>	<b>Meal choice 2</b> <b>Monday – Saturday</b>
<b>Monday</b>	Orange Juice Assorted hot/cold cereals Muffin Toast/butter/jelly Coffee/tea/milk	Lentil Soup Or Soup DuJour Shepherd Pie Mashed Potatoes/Peas & Carrots/ Ground Beef/ Cheese/ Brown Sauce <b>Ice Cream Bar</b>	<b>Mock Hare</b> Brown Sauce Fresh Green Beans Boiled Potatoes  <b>Danish Fruit Pudding</b>	<b>Grilled Cat Fish</b> Dill Sauce Boiled Potatoes Broccoli  <b>Danish Fruit Pudding</b>
<b>Tuesday</b>	Orange Juice Assorted hot/cold cereals Buttermilk Pancakes Toast/butter/jelly Coffee/tea/milk	Beef Barley Soup Or Soup DuJour Viking Sandwich on Croissant Potato Chips  <b>Cherry Fruit Jell-o</b>	<b>Breast of Chicken Marsala</b> Potatoes O'Brien Grilled Tomato  <b>Cream Pie</b>	<b>Curried Veal Stew</b> Green Beans Boiled Potatoes  <b>Cream Pie</b>
<b>Wednesday</b>	Orange Juice Assorted hot/cold cereals Eggs Toast/butter/jelly Coffee/tea/milk	Tomato Soup Or Soup DuJour Open Faced Pork Sandwich Brown Sauce Mashed Potatoes  <b>Peach Cobbler</b>	<b>Duck Breast Stuffed</b> With Prunes and Apples Wild Rice Vegetable Soufflé  <b>Dessert Cart</b>	<b>Vegetable Frikadeller</b> Robert Sauce Vegetable Soufflé Baked Potato  <b>Dessert Cart</b>
<b>Thursday</b>	Orange Juice Assorted hot/cold cereals Waffle Toast/butter/jelly Coffee/tea/milk	French Onion Soup Or Soup DuJour Smørrebrød Peas and Carrot salad Carlsberg Beer  <b>Dessert Cart</b>	<b>Smoked Pork Chop</b> Sugar Snap Peas Boiled Potatoes Brown Sauce  <b>Pear Up Side Down Cake</b>	<b>Turkey and Asparagus</b> In Puff Pastry White Sauce Cauliflower and Carrots  <b>Pear Up Side Down Cake</b>
<b>Friday</b>	Orange Juice Assorted hot/cold cereals French toast Toast/butter/jelly Coffee/tea/milk	Cabbage Soup Or Soup DuJour Quiche—Ham, Onion, Pepper, Cheddar Beets Toast <b>Chocolate Pudding</b>	<b>Orange Roughy</b> Chive Sauce Baked Potatoes Broccoli  <b>Assorted Ice Cream</b>	<b>London Broil</b> Mushroom Sauce Boiled Potatoes Baby Carrots  <b>Assorted Ice Cream</b>
<b>Saturday</b>	Orange Juice Assorted hot/cold cereals Sausage patties Croissant Toast/butter/jelly Coffee/tea/milk	Cream of Vegetable Soup Or Soup DuJour Slivered Beef Grilled Onion, Peppers & Cheese on Rye Bread Three Bean Salad <b>Dessert Cart</b>	<b>Beef Liver Onions and Bacon</b> French Cut Green Beans Brown Sauce Boiled Potatoes  <b>Cinnamon Peaches</b>	<b>Sesame Chicken</b> Chicken Sauce Oven Baked Potatoes French Cut Beans  <b>Cinnamon Peaches</b>