

Sample Menu

Cycle 4 _____ to _____

	Breakfast <i>Open seating from 7:30 to 9:00 am</i>	Lunch Alternate daily meals Monday - Saturday #1 Grilled Cheese #2 Cottage Cheese/Fruit Plate #3 Chefs Salad	Dinner 1 meal choice on Sunday Omelet alternate for any dinner <i>With all dinners you have a choice of Juice or Salad</i>	Dinner Omelet alternate for any dinner <i>With all dinners you have a choice of Juice or Salad</i>
Sunday	Orange Juice Assorted hot/cold cereals Egg/Bacon Toast/butter/jelly Coffee/tea/milk	Box Suppers Soup DuJour Tuna/Seafood Salad Potato Chips Carlsberg Beer Dessert Coffee/tea/milk	Roast Leg of Lamb Fresh Carrots Mashed Potatoes Brown Sauce Rolls Fruit Pie	
			Meal choice 1 Monday – Saturday	Meal choice 2 Monday – Saturday
Monday	Orange Juice Assorted hot/cold cereals Muffin Toast/butter/jelly Coffee/tea/milk	Minestrone Soup Or Soup DuJour Chicken Ala King On Puff Pastry Green Beans Dessert Cart	Beef Stew Stew Vegetables Baby Carrots Parsley Potatoes Pears in Wine	Steamed Fish Medley Tomato Mushroom Sauce Rice Pilaf Broccoli Pears in Wine
Tuesday	Orange Juice Assorted hot/cold cereals Buttermilk Pancakes Toast/butter/jelly Coffee/tea/milk	Cream of Cauliflower Soup Or Soup DuJour Hamburger on bun Cole Slaw Brownie Ice Cream	Beef Lindstrom Brown Sauce Peas and Pearl Onions Mashed Potatoes Hazelnut Pudding	Danish Sausage Creamed Kayle Boiled Potatoes Hazelnut Pudding
Wednesday	Orange Juice Assorted hot/cold cereals Eggs Toast/butter/jelly Coffee/tea/milk	Navy Soup Or Soup DuJour Fish Frikadeller Onion Sauce Boiled Potatoes Fruited Jell-o	Cornish Hen with Sage Brown Sauce Baked Potatoes Corn Surprise Dessert	Breaded Pork Patty Creamed Peas and Carrots Boiled Potato Surprise Dessert
Thursday	Orange Juice Assorted hot/cold cereals Waffle Toast/butter/jelly Coffee/tea/milk	Beef Barley Soup Or Soup DuJour Smørrebrød Peas and Carrot salad Carlsberg Beer Apple Turnover	Pork Patty Deluxe Mushrooms and Green Peppers Oven Browned Potatoes Cauliflower Dessert Cart	Hungarian Goulash Noodles Sautéed Fresh Vegetables Dessert Cart
Friday	Orange Juice Assorted hot/cold cereals French toast Toast/butter/jelly Coffee/tea/milk	Hungarian Soup Or Soup DuJour Turkey and Broccoli Crepes Alfredo Noodles Lettuce and Tomato Mandarin Oranges	Sautéed Salmon Herb Butter Baked Potatoes Spinach Red Velvet Cake	Swedish Meatballs Brown Sauce Mashed Potatoes Peas and Mushrooms Red Velvet Cake
Saturday	Orange Juice Assorted hot/cold cereals Sausage patties Croissant Toast/butter/jelly Coffee/tea/milk	Cream of Spinach Soup Or Soup DuJour Cold Cut Sandwich Potato Salad Cucumber Salad Tapioca	Breast of Chicken On Bed of Noodles Mornay Sauce Broccoli Ice Cream with Caramel Sauce	Beef Teriyaki Fried Rice Mixed Vegetables Ice Cream with Caramel Sauce